

# Women's Leadership Circles

A Transformative Group Coaching Experience



A NINE MONTH LEADERSHIP PROGRAM FROM isConsulting



isConsulting



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“ A woman with a voice is by definition a strong woman. But the search to find that voice can be remarkably difficult. ”  
– **Melinda Gates**

This program is a response to the growing complexity and challenges surrounding women's advancement into senior leadership positions. The internal and external barriers that women have to navigate are coming at a great cost. Tackling this pervasive issue requires a deeper and more novel approach.

Through a unique facilitated process and program design, **Women's Leadership Circles** empower participants to surface unconscious biases, manifest new possibilities, and implement personalized strategies that produce meaningful and sustainable results. To accelerate this work, we use the Enneagram to determine each participant's core personality "type" and the strengths, patterns and areas of potential development. Among other content, together we explore the essential developmental topics of mindfulness, inner critic, creative expression, and wholehearted leadership.

The program's aim is to enable women to achieve more fulfilling leadership and work experiences. When this happens, organizations reap the rewards that come from these women's heightened contributions. The ultimate gain is a work environment that is inclusive, emotionally intelligent, and fosters well-being.



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### ENGAGING IN THIS PROGRAM WILL ENABLE YOU TO:

- Live and lead more authentically.
- Attain clarity about your personal leadership identity, purpose and goals.
- Build your own leadership presence.
- Bring original thinking and voice to organizational demands and opportunities.
- Increase confidence to influence the challenges of working in dynamic environments.
- Foster appreciation for inclusive values in the workplace such as collaboration, compassion, and communication.

### PROGRAM STRUCTURE:

- Three two-day face-to-face group sessions from 09:30 – 17:00 (Amsterdam, Netherlands).
- Individual monthly hour-long coaching sessions with lead Coaches (8 hours of 1:1 coaching).
- Monthly 90-minute small-group virtual meetings using Google hangout (in months when there is no face-to-face group session).
- Monthly peer-coach meetings.
- Attendees: Maximum of sixteen (16) women leaders with no more than four from one company.

### IN PERSON GROUP MEETING DATES:

#### COMING SOON

If you are interested and would like to be notified of the dates when they become available, please email Ipek at [ipek@isconsultingco.com](mailto:ipek@isconsultingco.com).

Face-to-Face meetings will be held in **Amsterdam, Netherlands**

#### PROGRAM PRICE:

\$6,500 per participant (Approximately €5,800).

To APPLY [click here](#).

To learn more about this program please contact:

Ipek Serifsoy at [ipek@isconsultingco.com](mailto:ipek@isconsultingco.com); +1-415-305-9184  
Carla Van Stralen at [carla@carlaclarissa.com](mailto:carla@carlaclarissa.com); +31-652 400 367.

For more information about **isConsulting** [click here](#).

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## About Ipek Serifsoy, PhD - Program Coach & Facilitator, Founder of isConsulting

Ipek is a bridge between the practical and changing worlds of business. Her multidisciplinary background enables her to relate to traditional business perspectives while introducing clients to more innovative thinking, preparing them to embrace new possibilities on an ever-changing terrain.

Ipek's vision and commitment is to a 50/50 landscape where women contribute to leadership in equal numbers as men. She firmly believes that this more balanced and inclusive reality is a key source of collective wisdom for organizations and society-at-large.

Over 15 years ago, Ipek moved from investment banking to the human side of business. After ten years on Wall Street, Ipek's journey took her into the world of psychology, spirituality and creativity. She has designed a unique and highly effective approach to leadership coaching and organizational consulting. In the last year, she became President and Owner of the Deep Coaching Institute, an advanced coach training school, blending her passion for teaching and doing.

As part of her career change, Ipek spent a year in theological seminary, earned an MA in Psychology, a PhD in Organizational Leadership, and completed numerous certification programs including the Enneagram-Based Deep Coaching Certification. Ipek focuses her personal and professional development on studying leadership, expressive arts, communication, participative learning methodologies and ancient wisdom traditions, to develop approaches that awaken inherent potential and capacity for greatness.

Ipek's client list includes: Adobe, Agilent, Applied Materials, BEA Systems, Chevron, EMC, Estee Lauder, Genentech/Roche, Oracle, PayPal, Pfizer, Revlon, VMware, Wells Fargo and Workday.

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## About Carla van Stralen, Program Coach and Facilitator

Carla is a successful business woman and leadership coach who now puts all her experience and expertise into developing female leaders and guiding them to their natural leadership presence. Women who have worked with her feel a sense of wholeness, show more radiance and are now driven by a leadership purpose which leads them and their organizations to more success. Carla previously worked as a management consultant in the fast-moving consumer goods industry and as a business and change leader in the energy sector.

It is her purpose that every woman business leader knows and feels that it is she that inspires change. That it is the feminine energy inside her that has the power to inspire and engage. What drives her is the energizing impact that happens when a group of empowered women come together, inspire each other, and stand up in their natural leadership presence. They ignite positive transformations in all areas of their lives. They elevate their families, communities and organisations.

Carla is a graduate of the Nyenrode Business University and studied Coaching for Leadership and Professional Development at The Tavistock Institute. She is the owner and founder of Carla Clarissa 'Unleashing a woman's leadership presence' ([www.carlaclarissa.com](http://www.carlaclarissa.com)).

